



UNWIND. RELAX. REFRESH.

Explore our Spa Menu



# ENJOY SOME TIME JUST FOR YOU WITH OUR SPA DAY PACKAGES

All packages include use of our health club facilities, robes, slippers plus light lunch or afternoon tea.



## **Luxury ELEMIS Experience £113pp**

While away the hours with this relaxing and decadent spa day, perfect on your own, with a loved one or a friend!

- 2 x treatments from the following 4: ELEMIS Swedish Massage, ELEMIS Facial, Manicure or Pedicure
- A glass of bubbly

## **Two for £114 Experience**

Relax, unwind and experience luxury ELEMIS treatments with a friend or loved one - the perfect introduction to spa days.

- 1 x 60 minute Signature Spa Ritual (choice of four)

## **Your Little Slice of Heaven £79pp**

From your toes to your finger tips - a taste of luxury!

- 4 x 30 minute treatments including: file and polish for fingers, file and polish for toes, ELEMIS Express facial, ELEMIS back, neck and shoulder massage

## **Indulgent ELEMIS Experience Together £89pp**

Experience ELEMIS' luxurious 'Hero' treatment. Loved by all, this treatment includes - back exfoliation and massage, personalised facial & scalp massage

- 1 x 90 minute Luxurious ELEMIS Back, Face & Scalp treatment
- A glass of bubbly

## **Discovery Experience £39pp**

An introduction to spa with use of our relaxing health club and lunch - ideal for catching up with a friend in a tranquil resort.

To explore our spa days  
call 01952 429977 to talk  
to us about your perfect  
spa day experience.

## ELEMIS FACIALS

### **Superfood Pro-Radiance Facial**

A nutritional boost to pack skin with energising, detoxifying actives.

50 mins - £59

### **BIOTEC Radiance Renew**

The ultrasonic peel stimulates the removal of impurities and dead skin cells.

50 mins - £64

### **Peptide 24/7 Skin Sync**

Radiance-restoring Peptide 24/7 facial with exclusive ELEMIS botanical formulations.

50 mins - £59

### **BIOTEC Sensitive Skin Soother**

A soothing massage to reduce the appearance of redness and protect against daily stresses.

50 mins - £64

### **BIOTEC Blemish Control**

With ultrasonic vibration, massage, steam and galvanic currents to decongest and exfoliate.

50 mins - £64

### **BIOTEC Firm-a-Lift**

A blend of massage and sculpting galvanic technology to leave skin strengthened and contoured.

50 mins - £64

### **BIOTEC Line Eraser**

Balinese stones bathed in the Frangipani Monoi Body Oil, worked deep into the muscles..

50 mins - £64

### **Pro Collagen Age Defy Facial**

Tackle fine lines and wrinkles with the age-defying benefits of Padina Pavonica and Red Coral.

50 mins - £59

### **BIOTEC Skin Resurfacer**

This revolutionary facial addresses skin tone, blemishes and fine lines..

50 mins - £64

## ELEMIS BODY TREATMENTS

### **Couture Touch**

Combine any 30-minute or 1-hour ELEMIS facial with a Freestyle Deep Tissue Massage or Hot Stone Massage.

50 mins - £59 | 110 mins - £84

### **Wellbeing Massage**

ELEMIS aromatherapy massage uses a blend of individually chosen oils.

50 mins - £59

### **Hot Stone Massage**

A therapeutic full body massage using aromatherapy oils and warm volcanic stones.

50 mins - £64

### **Free Style Deep Tissue**

The flowing massage works deeper into the tension, encouraging optimum circulation.

50 mins - £59

### **Body Nectar Nourishing Wrap - Frangipani**

The velvety texture of the Monoi Oil offers super-hydration for thirsty skin.

50 mins - £59

### **Peaceful Pregnancy Treatment**

An intuitive and relaxing massage hydrates skin that is expanding for a growing baby.

80 mins - £84

### **BIOTEC Super – Charger for Men**

The facial to de-stress, de-age and de-fatigue the male complexion while activating skin dynamism.

50 mins - £64

## SIGNATURE SPA RITUALS - 60 MINUTES - £66

### Revitalising Ritual with ELEMIS

A refreshing full body exfoliation followed by a therapeutic back massage to soothe tension and leave you relaxed and revived.

### Rebalancing Ritual with ELEMIS

Restore equilibrium and peace of mind with this unique combination of a personalised facial and soothing foot massage.

### Fit for Business Back Ritual with ELEMIS

After a stressful day relax with a back cleanse, exfoliation and deep massage followed by a purifying back mask.

### Relaxing Face and Back Ritual with ELEMIS

A gentle exfoliation and relaxing aromatherapy back massage, with a face and scalp massage, to melt away tension and leave skin radiant.

### GELeration Hand or Foot Spa Ritual

A choice of relaxing hand or foot and leg treatment, including a relaxing massage and moisturise with cuticles cut and shaped. Your nails will then be finished perfectly with Jessica's long-lasting GEL polish.

60 minute Spa Ritual includes 50 minutes treatment time and 10 minutes client care time. 30 minute spa treatment includes 25 minutes treatment time and 5 minutes client care time. For full terms and conditions speak to a member of the spa team.

## ADD ONE OF OUR LUXURIOUS 25 MINUTE SPA TREATMENTS FOR JUST £36 EXTRA PER TREATMENT.

Personalised Express Facial

Shoulder Neck and Scalp Massage

Free Style Deep Tissue Massage

Frangipani Scrub

Frangipani Foot Treatment

BIOTEC Eye Treatment

## WAXING

Waxing Package 25mins  
(Mon - Fri only) - £20

Waxing Package 50mins  
(Mon - Fri only) - £35

## LASHES AND BROWS

Expertly shaped and tinted by our experienced team

Eyelash Tint - 20 mins/£10

Eyebrow Tint - 10 mins/£10

## NAIL TREATMENTS

Jessica Deluxe Manicure - 50 mins - £45

Jessica Deluxe Pedicure - 50 mins - £45

Jessica Gel Manicure - 50 mins - £45

Jessica Gel Pedicure - 50 mins - £45

Elemis Revitalising Ritual - 50 mins - £66

Elemis Rebalancing Ritual - 50 mins - £66

Elemis Relaxing Face and Back - 50 mins - £66

Elemis Fit for Business - 50 mins - £66

File & Polish Hands - 20 mins - £24

File & Polish Toes - 20 mins - £24

TO BOOK YOUR LUXURIOUS  
PAMPERING TREATMENT,  
CALL 01952 429977 OR EMAIL  
[telfordspa@telfordhotelgolfresort.co.uk](mailto:telfordspa@telfordhotelgolfresort.co.uk)

## ELEMIS

Spa days are subject to availability on a Saturday and Sunday, a weekend supplement also applies on these days. For full terms and conditions speak to a member of the spa team. All treatments include client care and consultation time.

